

**PATIENT INFORMATION**

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Address: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Home Phone (if not cell): \_\_\_\_\_ E-mail: \_\_\_\_\_

SS# (for Medicare patients only): \_\_\_\_\_ Occupation: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Marital Status: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Spouse's Name: \_\_\_\_\_ Spouse's Occupation: \_\_\_\_\_ How many children do you have? \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_ Phone: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Have You Been To A Chiropractor Before?  YES  NO Last Visit? \_\_\_\_\_

**INSURANCE INFORMATION (Skip if not utilizing insurance)**

Primary Insurance: \_\_\_\_\_ Insurance ID# \_\_\_\_\_ Group# \_\_\_\_\_ Are you the primary policy holder?  YES  NO

Insured's Name: \_\_\_\_\_ Insured's DOB: \_\_\_\_\_ Insured's Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

**PATIENT CONDITION**

Chief Complaint: \_\_\_\_\_

When did symptoms start? \_\_\_\_\_

How did symptoms start? \_\_\_\_\_

What makes it better? \_\_\_\_\_

What makes it worse? \_\_\_\_\_

How much of the day do you feel symptoms?

Constant  Frequent  Occasional  Intermittent

Are the symptoms getting:

Worse  Better  Staying the Same

Have you had anything like this before?  YES  NO

How would you describe your symptoms (check all that apply):

Dull Ache  Tightness  Burning  Sharp

Numb  Tingling  Stabbing  Shooting

Throbbing  Radiating, If Radiates, to where?: \_\_\_\_\_

Please rate the intensity of your symptoms from 0-10 with 10 being the worst possible:

0  1  2  3  4  5  6  7  8  9  10

Please select symptom intensity:

Minimum  Mild  Moderate  Severe  Unbearable

What have you tried that makes the symptoms better? Please indicate:

Medication  Physical Therapy  Surgery

Chiropractic  Massage Therapy  Acupuncture

Other: \_\_\_\_\_

What lifestyle activities does this interfere with? (check all that apply)

Prolonged sitting  Walking  Prolonged standing

Lifting  Traveling  Social/Recreational activities

Bending  Sleeping  Personal care (washing, dressing, etc.)

Other: \_\_\_\_\_

**ADDITIONAL COMPLAINT (N/A if you have no 2nd Complaint)**

Additional Complaint (if applicable) \_\_\_\_\_

When did symptoms start? \_\_\_\_\_

How did symptoms start? \_\_\_\_\_

What makes it better? \_\_\_\_\_

What makes it worse? \_\_\_\_\_

How much of the day do you feel symptoms?

Constant  Frequent  Occasional  Intermittent

Are the symptoms getting:

Worse  Better  Staying the Same

Have you had anything like this before?  YES  NO

How would you describe your symptoms (check all that apply):

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Throbbing  Radiating, If Radiates, to where?: \_\_\_\_\_

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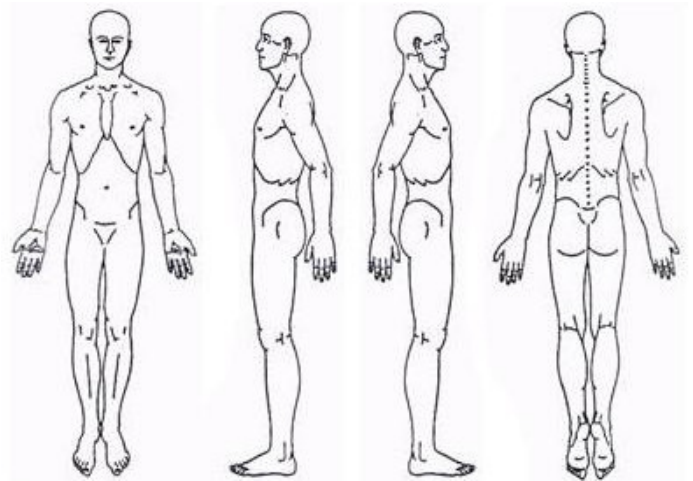
Other: \_\_\_\_\_

**PATIENT PAIN DIAGRAM**

Click area(s) of diagram to display painful/symptom location.

Please mark off the areas of your complaint(s) on the diagram. Use the following symbols of the pain diagram to accurately describe your condition.

- PPP Pain
- NNN Numbness
- TTT Tingling
- BBB Burning
- CCC Cramping



**To be completed in office at the time of your appointment**

**HEALTH HISTORY**

Are you pregnant?  YES  NO      Do you have any implants, pacemakers, etc.?  YES  NO

Allergies: \_\_\_\_\_

List any surgeries, traumas, and/or hospitalizations (with approx. dates):  
 \_\_\_\_\_  
 \_\_\_\_\_

**MEDICATIONS:** Please list any medications you are taking for current symptoms

Are you taking any blood thinners or statins?  YES  NO

*(Please bring in a sheet of medications if taking additional meds)*

**PAST MEDICAL HISTORY**

**Past/Current Conditions**

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> Osteoporosis                  | <input type="checkbox"/> Anxiety/ Depression     | <input type="checkbox"/> Dizziness/Vertigo         | <input type="checkbox"/> Thyroid/Hormone Disorder |
| <input type="checkbox"/> Degenerative Arthritis        | <input type="checkbox"/> Headaches/Migraines     | <input type="checkbox"/> Sleeping Trouble          | <input type="checkbox"/> High Blood Pressure      |
| <input type="checkbox"/> Rheumatoid Arthritis          | <input type="checkbox"/> History Stroke/Aneurysm | <input type="checkbox"/> Asthma/ Breathing Problem | <input type="checkbox"/> Convulsions/Epilepsy     |
| <input type="checkbox"/> Heart Attack/Heart Disorder   | <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Digestive Trouble         | <input type="checkbox"/> Prostate Problems        |
| <input type="checkbox"/> Sinus Problems                | <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Heartburn/Acid Reflux     | <input type="checkbox"/> Fibromyalgia             |
| <input type="checkbox"/> Born with bone/Joint disorder | <input type="checkbox"/> Autoimmune Disease      | <input type="checkbox"/> Menstrual Problems        | <input type="checkbox"/> Neurological Disorder    |

OTHER: \_\_\_\_\_

**Family Health History (check any that apply):**

- |                                      |                                   |  |                                       |
|--------------------------------------|-----------------------------------|--|---------------------------------------|
| <input type="checkbox"/> Auto-immune | <input type="checkbox"/> Cancer   | <input type="checkbox"/> Thyroid       | <input type="checkbox"/> Hypertension |
| <input type="checkbox"/> Arthritis   | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart disease | <input type="checkbox"/> Stroke       |

**SOCIAL HISTORY AND LIFESTYLE**

1. Smoking (packs/day) \_\_\_\_\_
2. Caffeine(drinks/day) \_\_\_\_\_
3. Alcohol (drinks/week) \_\_\_\_\_
4. Exercise (days/week) \_\_\_\_\_
5. Sleep (hours/night) \_\_\_\_\_
6. Rate your stress level (0 = No Stress, 10= High Stress) \_\_\_\_\_
7. Rate your overall health \_\_\_\_\_

Patient Signature  
 \_\_\_\_\_

Date  
 \_\_\_\_\_